AGENDA (with Facilitators Notes)

Red Rules / Blue Rules

Date:
Time:
Venue:
Contact:

Time	Agenda item	Notes
9:30 – 10:00	Arrivals and Tea/Coffee	
10:00 – 10:15	**Welcome & Introduction**	welcome people and introduce the session with background context for: Health Social Care
10.15 – 11.00	**Session 1** Choice – A risk worth taking Group session exploring our individual and collective attitudes to risk enablement	This will be a facilitated session to help people to think through their approach to risk – their own personal sense of limits and how this affects their decision making when it comes to the types of options that they would be happy to support someone to take. introduce the session and outline what the exercise is. **5 mins** **15 mins** - Ask everyone to introduce themselves briefly before sharing their personal approach to risk and score themselves from 1 – 10 **5 mins** taking feedback in room

		15 mins – each person sharing their approach to risk within their work environment and scoring themselves as 1 – 10 **5 mins** feedback to the room The outputs will be: 1) A record of participants own approach to risk in their own lives 2) A record of their approach to risk in relation to people who use health and social care services
11.00 – 11.45	**Session 2** What's your problem? Sharing in small groups of three what each person has identified as their problem then would like to address	Working in groups of three: **For 5 mins (x3)** - each person will share their problem they wish to address, explaining what it is, what the negative impact is, what is the rule that is causing this issues and also what the positive/intended impact is **For 10 mins (x3)** - others in the group will ask clarifying questions which should help develop full understanding of the problem and in particular which rule needs to be broken to achieve the change Place sticky note with each problem identified on the A3 printed Red/Blue rules scale
11.45 – 12.30	**Session 3** How might we?	Working in groups of three: **For 5 mins (x3)** - each person will share their thoughts on an alternative that would work better and how this relates to the original rule that needs to be broken

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	In same groups of three – discuss alternative option that it is felt would work better while identifying any possible unintended consequences of concerns that could arise with new approach.	**For 10 mins (x3)** - others in the group will ask clarifying questions which should help develop a fuller picture of how this alternative might work and will also identify possible unintended consequences or concerns Use sticky notes to capture details for each person
12:30 – 13:15	**Lunch**	
13:15 – 14:30	**Session 4** How might we….(part 2)? Again in same groups – identify options for addressing any unintended consequences of breaking the rules	Working in groups of three: For 15 mins (x3) – discuss and record options/solutions for any identified unintended consequences
14:30 – 14:50	**Putting it together** Complete the template with the following: • Original problem • Change and reason for making it • Expected impact • Potential consequences – and remedies/options • Action(s) required to make change • Who is required to 'permission' change • How [you] will know the impact of the change and learn from it	Each person competes the template provided – using the sticky notes complete over the course of the day
14:50 – 15:00	**Did we get there?**	Feedback sheet to be completed by participants