

So what is actually stopping us...?

Red Rules/Blue Rules





Agenda

Session 1: Choice - A risk worth taking

Session 2: What's your problem?

Session 3: How might we....?

Session 4 How might we....(part 2)?

Making a change

Did we get there?



Aims of the day

Help participants:

• develop the confidence to make a change (break a rule) which will improve their ability to support positive outcomes for people

Doing this by:

- recognising how their own appetite for risk, particularly in relation to the lives of people they provide care for, influences their ability to break current rules - develop understanding and confidence to do so
- Being able to identify what kind of rule is stopping the change in practice and therefore what they can do to break/change the rule - developing knowledge and understanding
- Identify workable solutions that have been thought through for unintended consequences and how these might be addressed also building confidence to make change / break a rule
- Develop a plan to articulate what rule should be changed and why as well this understanding of the impact of making the change / breaking the rule building confidence to make change / break a rule





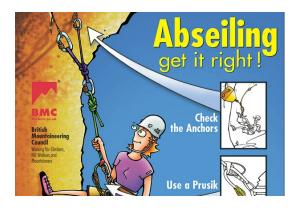
Choice A Risk Worth Taking

Personal Views on Risk





























Faint

Slight

Mild

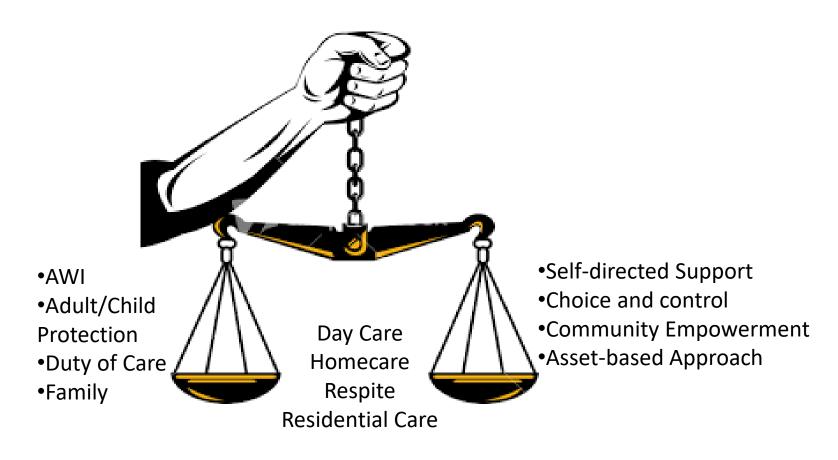
Moderate Elevated

Very High Extreme





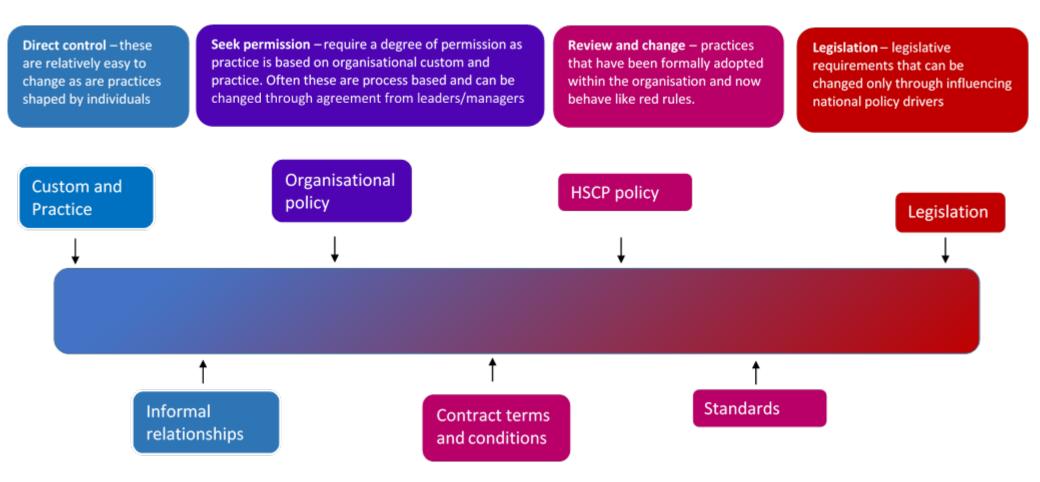
Choice A Risk Worth Taking Professional Views on Risk







Blue Rules v Red Rules





Understanding the problem Exercise (45 mins)

In threes:

- Take turns explaining one of your problems and the rule causing it
- Others in group ask clarifying questions for understanding (e.g. where is that set out as a rule, by whom, what colour is that rule?)

 Stick post it up on A3 chart capturing where on the continuum the rules relating to this problem lie



How might we...? Exercise (45 mins)

In threes:

- Identify at least one possible alternative based on 'How might we (do this)?'
- Capture:
 - What would be required in order to break/change the rule?
 - By whom?
 - Any possible unintended consequences of breaking/changing this rule?



How might we...? Exercise (45 mins)

In threes:

 Identify at least one possible solution for any identified 'unintended consequences' based on 'How might we (do this)?'

Capture:

- Potential/anticipated positive impact of change
- Potential unintended (negative) consequences



Making a change: Exercise (45 mins)

Using template record:

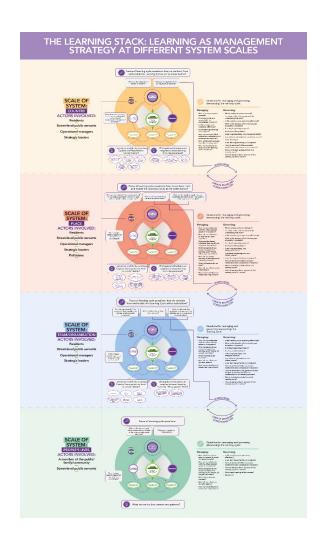
- Original problem
- Change and reason for making it
- Expected impact
- Potential consequences and remedies/options
- Action(s) required to make change / break the rule
- Who is required to 'permission' change / break the rule
- How [you] will know the impact of the change and learn from it



Homework



Using learning to break through rules





Legislation – legislative requirements that can be changed only through influencing national policy drivers

Review and change – practices that have been formally adopted within the organisation and now behave like red rules.

Seek permission – require a degree of permission as practice is based on organisational custom and practice. Often these are process based and can be changed through agreement from leaders/managers

Direct control – these are relatively easy to change as are practices shaped by individuals